

# Susan P. Sherkow, M.D.

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## Current Focus

- Private practice in adult, child, and adolescent psychiatry and psychoanalysis.
- Founding Director, the Sherkow Center for Child Development and Autism Spectrum Disorder a not-for-profit center for research and treatment of ASD and developmental differences (2012).

## Academic Appointments

### Supervising Analyst

New York Psychoanalytic Institute, Child and Adolescent Division 2000 - present

### Training and Supervising Analyst and Founding Member

Berkshire Psychoanalytic Institute 2004 - present

### Assistant Clinical Professor in Psychiatry

Albert Einstein College of Medicine 1985 - present

### Assistant Clinical Professor in Psychiatry

Mount Sinai College of Medicine 2000 - present

### Instructor

New York Psychoanalytic Institute 2005 - present

Berkshire Psychoanalytic Institute 2004 - present

New York Psychoanalytic Institute, Psychodynamic Psychotherapy Program 2001 - 2006

New York Psychoanalytic Institute, Extension Division 1990 - 2003

### Co-Director

Bernard L. Pacella, M.D. Parent Child Center,  
New York Psychoanalytic Society and Institute 1995 - 2003

### Representative to the Executive Council of the American Psychoanalytic Association

Berkshire Psychoanalytic Institute 2002 - 2004

### Chairperson

Nominating Committee, Association for Child Psychoanalysis 2007 - present

### Consultant

Bernard L. Pacella, M.D. Parent Child Center,  
New York Psychoanalytic Society and Institute 2003 - present

## Education

<b>Brandeis University</b> Bachelor of Arts	1965
<b>Tufts University School of Medicine</b> Doctor of Medicine	1969
<b>Tufts New England Medical Center</b> Internship in Pediatrics	1969 - 1970
<b>Albert Einstein College of Medicine, Bronx Municipal Hospital Center</b> Residency in Adult Psychiatry	1970 - 1972
Child Fellowship	1972 - 1974
Supervisor to Residents and Staff, Research Nursery for the Study of Infancy and Early Childhood Development	1971 - 1975
Therapist and Supervisor to Residents and Staff	1972 - 1978

## Post-Doctoral Training & Certification

<b>New York Psychoanalytic Institute</b> Graduate, Adult and Child Analysis
<b>American Psychoanalytic Association</b> Certification in Adult and Child Analysis

## Other Professional Activity

<b>Eating Disorders Therapeutic Nursery and Prevention Program</b> Director	1993 - present
<b>Private Practice</b> Child, Adolescent, and Adult Psychoanalysis and Psychotherapy	
<b>Faculty Instructor</b> Berkshire Psychoanalytic Institute Development: Infancy and Child Development	2004 - present
Sado-Masochism: History and Clinical Perspectives	2012 - 13
New York Psychoanalytic Institute Child Development, Adult curriculum: From Infancy to Latency	2011 - 13
Child Development, Child and Adolescent Curriculum	2007 - present
Theoretical and Technical Aspects of Child Analysis	2005 - 2013
Continuous Case Seminar in Child and Adolescent Analysis	2005 - 2006
	2007 - 2012
Study Group for Case Development	2006 - 2013
Berkshire Psychoanalytic Institute Child Development, Latency, and Adolescent Development Sequences	2004 - present
Process and Technique, Adult Sequence	2007 - 2008
Child Analysis Informs Adult Analysis	2006 - 2007

## Other Professional Activity (cont.)

### Faculty Instructor (cont.)

New York Psychoanalytic Institute, Psychodynamic Psychotherapy Program	
Narcissism, Masochism, and Depression	2001 - 2005
Child Development	2005 - 2006
New York Psychoanalytic Institute, Extension Division	
Sadomasochism and Superego in Female Development	1990 - 1993
Female Psychosexual Development	1999 - 2003
New York Psychoanalytic Society and Institute Study Groups	
Kris Study Group	1975 - 1999
P.G. 107, "Normal Development"	1973 - 1974
P.G. 130, "Child Research and Psychoanalytic Theory"	1980 - 1983
P.G. 131, "Psychoanalytic Process and Technique"	1979 - 2004
P.G. 135, "The Psychoanalytic Process"	1984 - present
"The Study of Infant and Toddler Development"	1999 - present
"The Psychoanalytic Study of the Effect of the Holocaust On the Second Generation"	1978 - 1995
New York Psychoanalytic Society and Institute Committees	
Program Committee	1983 - 1997 2006 - present
Post-Graduate Education Committee	1984 - 2002
Ad-Hoc Building Committee, Chairperson	2000 - 2003
Child Analysis Committee	2000 - present
Berkshire Psychoanalytic Institute Committees	
Chairman, Child Analysis Committee	2011 - present
Curriculum Committee	2005 - 2012
Progression Committee	2008 - present
Co-Chairperson	
"Interpretation, Technique, and Process in Play Therapy with Pre-Oedipal Children," Discussion Group, American Psychoanalytic Association Biannual Meetings	1993 - present
Co-Chairperson	
"Psychoanalytic Approaches to Working with Children with Autistic Spectrum Disorder," Discussion Group, American Psychoanalytic Association Winter Meetings	2004 - present

### Founding Member

Berkshire Psychoanalytic Institute

### Member

American Psychoanalytic Association; Association for Child Psychoanalysis; International Psychoanalytic Association; New York Psychoanalytic Society and Institute

### Participant (by Invitation)

Aspen Biannual Meeting, Center for Advanced Psychoanalytic Studies	2004
Biennial Meetings, North American Psychoanalytic Confederation	2002 - present

## Licensure

**New York State Medical License Number**  
107589

**Massachusetts State Medical License Number**  
239759

**Connecticut State Medical License Number**  
47977

## Recognition

**The Samuel Ritvo Prize in Child Psychoanalysis**  
Yale Child Study Center 2011

## Research & Grant Support

**Study: “Behavioral Correlates of the Anal Phase of Libidinal Development”**  
Grant Support Awarded by the International Psychoanalytic Association 2001 & 2002

**Research Fellowship: “Behavioral Correlates of the Anal Phase of Libidinal Development”**  
International Psychoanalytic Association, by invitation, London 2002

## Academic Publications

**“Sonia: The Vicissitudes of Masturbatory Fantasies in a Pre-Oedipal Child”**  
*Psychoanalytic Inquiry* 2013

**“The Dyadic Psychoanalytic Treatment of a Toddler with Autism Spectrum Disorder”**  
*Psychoanalytic Inquiry* 2011

**“A Clinical Study of the Intergenerational Transmission of Eating Disorders from Mothers to Daughters”**  
*The Psychoanalytic Study of the Child* 64 2009

**“Stock-Still: A Potential Developmental Marker”**  
*The Psychoanalytic Study of the Child* 63 2008

**“Further Reflections on the ‘Watched’ Play State and the Role of ‘Watched Play’ in Analytic Work”**  
*The Psychoanalytic Study of the Child* 59 2005

**“The Development and Adjustment of Children Ages 0-5 and Custody Disputes”**  
*Family Law Update* 2005

## Academic Publications (cont.)

- “The Analysis of a Pre-Adolescent Girl with Primal Scene Fantasies”**  
*The Psychoanalytic Study of the Child* 57 2002
- “Reflections on the Play State, Play Interruptions, and the Capacity to Play Alone”**  
*Journal of Clinical Psychoanalysis* 10 2001
- “Eating Disorders: What are You Teaching Your Children?”**  
*Women’s Health Journal* 1.2 1997
- “Consequences of Childhood Sexual Abuse on the Development of Ego Structure: A Comparison of Child and Adult Cases”**  
*Adult Analysis and Childhood Sexual Abuse* 1990
- “The Evaluation and Diagnosis of Sexual Abuse in Little Girls”**  
*Journal of the American Psychoanalytic Association* 38.2. 1990
- “Mother-Child Relationship and Pre-Verbal Communication in the Deaf Child.”**  
w/ E. Galenson & E.H. Kaplan  
*Frontiers of Infant Psychiatry* 1983
- Review of *Twins: From Fetus to Child*, by Alessandra Piontelli.**  
*Journal of the American Psychoanalytic Association* 52.2 2004
- Review of *Code Name: Mary*, by Muriel Gardiner**  
*International Review of Psychoanalysis* 1985
- Review of *Prisoners of Childhood*, by Alice Miller**  
*Psychoanalytic Quarterly* 51 1982

## Additional Publications & Appearances in Print

- Arehart-Treichel, Joan. “Don’t Rule Out Psychoanalysis in Treating Autistic Children”**  
*Psychiatric News* 2009
- Mann, Denise. *Psychoanalysis Helps Kids With Autism* (WebMD)**  
[webmd.com/brain/autism/news/20080125/psychoanalysis-helps-kids-with-autism](http://webmd.com/brain/autism/news/20080125/psychoanalysis-helps-kids-with-autism) 2008
- “The Dyadic Psychotherapeutic Treatment of Children on the Autistic Spectrum”**  
*The Autism Perspective* (Spring) 2006
- “Special Report: Eating Disorders”**  
*Town and Country Magazine* (April) 2006
- “Your Impact on Your Child’s Health”**  
*Child Magazine* (May) 2002
- “Preschool Eating Disorders: A Special Report”**  
*Child Magazine* (August) 2000

## Additional Publications & Appearances in Print (cont.)

- “What’s Eating Our Kids?”**  
*Offspring Magazine* (June/July) 2000
- “Bulimia: All in the Family.”**  
*New York Post* (March 30) 2000
- “Are You Raising a Child With an Eating Disorder?”**  
*Redbook Magazine* (August) 1999

## Invited Lectures & Presentations

- “The Dyadic Psychoanalytic Treatment of a Toddler with Autism Spectrum Disorder”**  
Selma Kramer Honorary Lecture, Philadelphia 2013
- “Processes of Internalization in a Toddler with Uneven Development”**  
Margaret Mahler Honorary Lecture, Philadelphia 2013
- Scientific Paper: “The Dyadic Psychoanalytic Treatment of a Toddler with Autism Spectrum Disorder”**
- American Psychoanalytic Association, Winter Meeting 2013
  - American Psychoanalytic Association, Winter Meeting 2012
  - New York Psychoanalytic Society and Institute 2012
  - Chicago Psychoanalytic Society and Institute 2012
  - American Psychoanalytic Association, Winter Meeting 2011
  - IMFAR Poster Presentation, Chicago 2010
  - American Psychoanalytic Association, Winter Meeting 2010
  - “A Home Within,” Scientific Panel on Autism, San Francisco 2011
  - “A Home Within, Scientific Panel on Autism, Swarthmore College 2012
  - American Psychoanalytic Association, Winter Meetings 2004-2009
- “Case Study of a Pre-Oedipal Girl with Masturbatory Fantasies”**  
International Association for Child and Adolescent Psychiatry, 19<sup>th</sup> World Congress 2010
- Scientific Paper: “Stock Still: A Potential Developmental Marker”**  
New York Psychoanalytic Society and Institute, Scientific Meeting 2009
- Scientific Paper: “Analytic Perspectives on the Intergenerational Transmission of Eating Disorders”**
- New Center for Psychoanalysis Los Angeles 2008
  - Florida Psychoanalytic Society 2006
  - American Academy of Child and Adolescent Psychiatry 1999
  - American Psychoanalytic Association 1998
- Scientific Paper: “The Development and Adjustment of Children Ages 0 - 5 and Custody Disputes”**  
Law Education Institute, Inc., Family Law Conference 2004

## Invited Lectures & Presentations

- Scientific Paper: “Further Reflections on the Play State, Play Interruptions, and the Capacity to Play Alone”**  
New York Psychoanalytic Society and Institute 2003
- Scientific Paper: “The Behavioral Correlates of the Anal Phase of Development”**  
World Infant Mental Health Congress 2002
- Scientific Paper: “Television and Play”**  
American Psychoanalytic Association, Study Group in Infancy 1999
- Scientific Paper: “The Role of Masochism in Female Superego Development”**  
New York Psychoanalytic Society and Institute, Child Analysis Meeting 1998  
New York Psychoanalytic Institute and Society, Panel:  
“Issues of Female Psychology” 1993
- Scientific Paper: “The Role of Vaginal Awareness in Female Development.”**  
New York Psychoanalytic Institute and Society, Series:  
“Recent Contributions to Female Psychology” 1998
- Scientific Paper: “Psychological Versus Constitutional Contributions to Development: The Analysis of a Precocious Child”**  
Association for Child Psychoanalysis 1997
- Scientific Paper: “A Case of Infantile Vaginal Masturbation and Its Developmental Vicissitudes”**  
New York Psychoanalytic Society and Institute, Extension Committee Symposium:  
“The Psychology of Women:  
Psychoanalytic Controversies about Female Development” 1993  
American Psychoanalytic Association 1981.  
New York Psychoanalytic Society and Institute, Extension Committee Workshop:  
“Changing Psychoanalytic Concepts of Female Sexual Development” 1980
- Scientific Paper: “The Evaluation and Diagnosis of Sexual Abuse in Little Girls”**  
Saint Luke’s Hospital, NY, NY 1990  
Woodhull Hospital, Brooklyn, NY 1989  
Albert Einstein College of Medicine, Grand Rounds 1988  
American Psychoanalytic Association 1988  
New York Psychoanalytic Society and Institute 1987
- Scientific Paper: “Sexual Abuse of Children: Evaluation, Diagnostic Considerations, and Treatment”**  
American Psychoanalytic Association, Workshop: “The Vulnerable Child” 1986
- Scientific Paper: “Aspects of the Development of Masochism in Women,” from *Panel Report of the Kris Study Group on Masochism, 1977 - 1982***  
New York Psychoanalytic Society and Institute 1983
- Scientific Paper: “Countertransference Issues,” from *Panel Report of the Kris Study Group on Psychoanalytic Consideration of Borderline States***  
New York Psychoanalytic Society and Institute 1978

## Invited Lectures & Presentations (cont.)

**Presenter: “Child and Analyst in the Present Space—Convergence of Mind, Body, Affect: Verbal and Non-Verbal Relationship”**

International Psychoanalytic Association and Association for Child Psychoanalysis,  
Co-Sponsored Panel on Child and Adolescent Psychoanalysis 2007

**Presenter: “Psychoanalytic Approaches to Working with Children with Autistic Spectrum Disorder”**

American Psychoanalytic Association, Winter Meeting Discussion Group 2004 - present

**Presenter: “Interpretation, Technique, and Process in Play Therapy with Pre-Oedipal Children”**

American Psychoanalytic Association, Biannual Meeting Discussion Group 1993 - present

**Presenter: “Revisiting the Case of ‘Little Hans’”**

Berkshire Psychoanalytic Institute 2007

**Presenter: Autistic Spectrum Disorder Case of “Alexander”**

Columbia Psychoanalytic Center, Child Analysis Division  
and New York Freudian Society, Joint Meeting 2006

**Discussant: “The Distortion of Psychosexual Development in a Nine-Year-Old Girl Status Post Colectomy,” by Julia Kearney, M.D.**

Mount Sinai College of Medicine, Grand Rounds 2006

**Discussant: “Clinical Paper on Anorexia,” by Helene Keable, M.D.**

Regional Psychoanalytic Conference at Mohonk Mountain House, New Paltz, NY 2005

**Discussant: “Three Commentaries on Freud’s Thought: A Prologue on the Psychoanalytic Theory of Sexuality,” by William Grossman and Donald Kaplan**

New York Psychoanalytic Society and Institute 1988

**Scientific Paper: “Sexual Abuse of Children: Evaluation, Diagnostic Considerations, and Treatment”**

American Psychoanalytic Association, Workshop: “The Vulnerable Child” 1986

**Scientific Paper: “Aspects of the Development of Masochism in Women,” from *Panel Report of the Kris Study Group on Masochism, 1977 - 1982***

New York Psychoanalytic Society and Institute 1983

**Scientific Paper: “Countertransference Issues,” from *Panel Report of the Kris Study Group on Psychoanalytic Consideration of Borderline States***

New York Psychoanalytic Society and Institute 1978